

# Up and Down

#1

1

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

3

On our knees we drum and then we freeze! Ahhh...

2

5

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

7

On our knees we drum and then we freeze! Ahhh...

3

9

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

11

On our knees we drum and then we freeze! Ahhh...