

Up and Down

#2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

3 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

On our knees we drum and then we freeze! Ahhh...

5 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

7 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

On our knees we drum and then we freeze! Ahhh...

9 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

11 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

On our knees we drum and then we freeze! Ahhh...

13 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

15 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

On our knees we drum and then we freeze! Ahhh...

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

17

5

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

19

On our knees we drum and then we freeze! Ahhh...

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

21

6

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

23

On our knees we drum and then we freeze! Ahhh...

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

25

7

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

27

On our knees we drum and then we freeze! Ahhh...

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

29

8

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

31

On our knees we drum and then we freeze! Ahhh...

33

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

35

On our knees we drum and then we freeze! Ahhh...

37

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

39

On our knees we drum and then we freeze! Ahhh...

41

Up and Down and Up and Down and Snap and Clap and Snap and Clap and

43

On our knees we drum and then we freeze! Ahhh...