

6 Stroke Roll (Triplets)

1

> > > >

R L r r l l R L r r l l R L r r l l R L r r l l

L R l l r r L R l l r r L R l l r r L R l l r r

2

> > > >

l R L r r l l R L r r l l R L r r l l R L r r l

r L R l l r r L R l l r r L R l l r r L R l l r

3

> > > >

l l R L r r l l R L r r l l R L r r l l R L r r

r r L R l l r r L R l l r r L R l l r r L R l l

4

> > > >

r l l R L r r l l R L r r l l R L r r l l R L r

l r r L R l l r r L R l l r r L R l l r r L R l

5

> > > >

r r l l R L r r l l R L r r l l R L r r l l R L

l l r r L R l l r r L R l l r r L R l l r r L R

6

> > > >

L r r l l R L r r l l R L r r l l R L r r l l R

R l l r r L R l l r r L R l l r r L R l l r r L